

## Want to be a Roots of Empathy Family?

We've adapted our programs to be COVID-conscious and we hope you'll join us!

When school resumes, **children** are **going** to need Roots of Empathy more than ever. We'll be there as they make the transition back to the classroom, supporting positive mental health and well-being, and creating a safe space for children to learn and talk about their feelings. We help children not only cope, but thrive, and we do that through the power of watching you and your baby. We hope you will join us!

- Is your baby between 8 to 16 weeks in October?
- Several times over the school year, you and your baby demonstrate your relationship
  and your baby's development for a classroom of children, with guidance from a Roots of
  Empathy Instructor. This year, we're monitoring school and public health guidelines,
  and have adapted our programs. Your visits to the classroom will be virtual, through
  photos, video and stories in the fall and babies will be making their debut in the
  classroom in the New Year if it is safe to do so.

For more information, contact: